

**ANNUAL SPORTS MEET ORGANIZED AT SHAIKH PU COLLEGE OF SCIENCE,
COMMERCE & ARTS**



Annual Sports Meet was organized at Shaikh PU College of Science, Commerce & Arts recently at the college premises. The sports meet was inaugurated by Mr. Ramesh Godse, Principal, Shaikh PU College. The event proceeded further with the march past led by the college cabinet and all the four houses of the college.

Addressing the gathering, Mr. Ramesh Godse enlightened the gathering on the importance of physical fitness, hoping that students will make a mark for themselves in the sports arena at all the levels. He further said that for the overall development of the individual, it is very important to have co-curricular and extracurricular activities along with the curricular activity. He advised the students to make best use of the facilities provided by the college. He further explained the significance of sports activities and physical exercise that helps physical fitness, mental alertness and decision making. . It builds fine physic and develop energy to learners to learn lessons, helps to build team spirit, he added.

The students entered into the spirit of the occasion in a grand way with the oath being administered by the Sports captain. An energizing equestrian display set the tone for the rest of the event. Various sports event like 100m, 200m, relay, high jump, discuss throw were the part of the event. Later in the event students were awarded with prizes who won in respective activities.

The event was coordinated by Mr. Mailar Tenagi. The event concluded with vote of thanks proposed by Ms. Shirin Dargah.