

A. M. SHAIKH HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL HEALTH SCREENING & NUTRITION AWARENESS CAMP AT MAHESH FOUNDATION



A. M. Shaikh Homoeopathic Medical College & Hospital is known for its **yeoman** services. Department of Paediatrics under the guidance of Dr. Nahida M. Mulla organised a health screening & awareness camp for the inmates of Mahesh foundation. Mahesh Foundation helps to enable medically challenged and underprivileged children to live an independent and dignified life. They were briefed about the importance of nutritional care and support to prevent the development of nutritional deficiencies. A healthy and balanced diet helps sustain body weight and fitness. Eating well also helps maintain and improve the performance of the immune system – the body's protection against infections – which in turn helps a person stay healthy.

Good nutrition will also complement and reinforce the effect of any medication taken.

The team of doctors who visited are Dr. Nahida M Mulla, Dr. Farhat, Dr. Hynriew, Dr. Atif , Dr. Arun, Dr. Huda & Dr. Anjum.