

## MENSTRUAL HYGIENE AWARENESS PROGRAM & DISTRIBUTION OF SANITARY PADS AND HOMOEOPATHIC IRON SUPPLEMENTS BY A.M SHAIKH HOMOEOPATHIC MEDICAL COLLEGE AT SHIVAJI MARATHI HIGH SCHOOL

The Department of Community Medicine A.M.Shaikh Homoeopathic Medical College Belgavi under the banner of NSS Unit organised an awareness program on menstrual hygiene for high school students of Shivaji Marathi High school Kadoli on 06/7/2022. The whole programme was conducted in Marathi language.

The programme began with introduction by Miss. Namrata Gurav.

The students were educated about the normal process of menstrual cycle and regarding the hygiene to be maintained during menstruation. The whole event was conducted by third year's students Miss Khushali Thakkar, Miss Namrata Sanadi, Miss Mahin. Tade & Miss Alfiya sayyad.

The programme was followed by distribution of sanitary pads and free Homoeopathic iron supplementation.

The sanitary pads were sponsored by RPSL & Arvind Agency Belgaum.

The event was well supported by the management.

Mrs Varsha patil Principal of Shivaji Marathi school Kadoli, and other female staff were present.

The event was planned and executed by Dr V.R.Kulkarni professor & HOD & Dr Manjunath Oulkar Assistant professor Department of Community Medicine.



