

## NATIONAL YOUTH DAY CELEBRATION

National Youth Day was celebrated by A M Shaikh Homoeopathic Medical College on 13<sup>th</sup> of January 2023. Dr Asim M Patel HOD Physiology, Dr. Shaheen Nasreen Asst Professor. Physiology, and students of Final year BHMS visited to Vivekananda Ashrama Fort Belagavi.

It is a place where Swamy Vivekananda spent his 9 days from 16/10/1892 to 27/10/1892. The students and staff got an opportunity to visit Library and museum inside the Ashrama.

Swamy Mokshatvanandaji addressed the students, and he spoke about Life & achievements of Swamy Vivekananda. He also motivated the students by explaining the values of moral power, spiritual values, physical fitness, mental fitness, concentration and meditation. He gave the message of true love and compassion to students.

